

2025

# Summer Bay FUN weekly activities

Summer Bay Resort  
浪中岛夏日海湾渡假村  
Lang Tengah Island · Terengganu · Malaysia

## Monday 星期一

7:00am - 10:30am  
Breakfast 早餐

• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步

12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜



4:00pm - 5:30pm  
High Tea 下午茶

5:00pm - 6:00pm  
Tie-Dye 手工扎染



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Mystery Walk 神秘漫步



## Tuesday 星期二

7:00am - 10:30am  
Breakfast 早餐

• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步



12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶

5:00pm - 6:00pm  
Turtle 3D Puzzle  
海龟3D拼图



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Bluesand Walk 蓝眼泪漫步



9:00pm - 9:30pm  
Coral Talk 珊瑚解说

## Wednesday 星期三

7:00am - 10:30am  
Breakfast 早餐



• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步

12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶



5:00pm - 6:00pm  
DIY Color Band  
彩虹手绳



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Bluesand Walk  
蓝眼泪漫步

## Thursday 星期四

7:00am - 10:30am  
Breakfast 早餐

• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步



12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶



5:00pm - 6:00pm  
Speed Boat 3D Puzzle  
快艇3D拼图

6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Bluesand Walk 蓝眼泪漫步



9:00pm - 9:30pm  
Coral Talk 珊瑚解说

## Friday 星期五

7:00am - 10:30am  
Breakfast 早餐

• 8:30am - 12:00pm •  
Island Hopping 跳岛游



10:00am - 12:00pm  
Jungle Trekking 森林徒步

12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶

5:00pm - 6:00pm  
Bingo Game  
宾果游戏



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Mystery Walk  
神秘漫步



## Saturday 星期六

7:00am - 10:30am  
Breakfast 早餐

• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步



12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶



5:00pm - 6:00pm  
Shark 3D Puzzle  
鲨鱼3D拼图



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Bluesand Walk  
蓝眼泪漫步

9:00pm - 9:30pm  
Coral Talk 珊瑚解说

## Sunday 星期日

7:00am - 10:30am  
Breakfast 早餐



• 8:30am - 12:00pm •  
Island Hopping 跳岛游

10:00am - 12:00pm  
Jungle Trekking 森林徒步

12:00pm - 2:00pm  
Lunch 午餐

• 2:30pm - 4:00pm •  
Lang Tengah  
Deep Sea Snorkeling  
浪中岛深海浮潜

4:00pm - 5:30pm  
High Tea 下午茶

5:00pm - 6:00pm  
DIY Color Band  
彩虹手绳



6:30pm - 9:00pm  
Dinner 晚餐

8:30pm - 9:00pm  
Bluesand Walk  
蓝眼泪漫步



## Island Hopping 跳岛游 & Deep Sea Snorkeling 深海浮潜

Programs are subject to guests' selected packages 项目根据住客所选配套

3D2N 3天2夜

1 x Island Hopping 跳岛  
1 x Lang Tengah Island 本岛

4D3N 4天3夜

1 x Island Hopping 跳岛  
2 x Lang Tengah Island 本岛

5D4N 5天4夜

2 x Island Hopping 跳岛  
2 x Lang Tengah Island 本岛

There is only one snorkeling trip per day, island hopping and snorkeling tours point are subject to the arrangements of the resort, **missed activities will not be rescheduled.**

Thank you for your understanding and cooperation.

一天只有一趟浮潜行程, 跳岛游&本岛游行程地点需依照度假村的安排为标准, 若错过恕不补回, 谢谢你的理解和体谅。

The schedules of programs are subject to change due to weather conditions and other unforeseen circumstances, without prior notice. 节目安排可能因天气和其他情况而改变, 恕不另行通知。